

## **FAQ Doping**

### **Extract from the regulations of the Verband für das Deutsche Hundewesen (VDH)**

#### **Which drugs are doping-relevant?**

The approval regulations doping list a set of group of elements. This list contains most of the drugs exempt antiparasitic or the regular vaccines of dogs. When a substance which belongs to this group of elements is proved this causes a positive doping result.

#### **Why are not the single agents/drugs listed?**

A list of doping-relevant active components is not available because of the number of different components and constantly newfound substances. In order to include also rare or new active components in the regulations the Verband für das Deutsche Hundewesen (VDH) works with a list of a set of group elements.

#### **What about dietary supplements?**

The list of group elements is limited for active pharmaceutical ingredients. We can't decide all in to what extend they are contained in all dietary supplements available on the market. Therefore, it can make sense – also for dietary supplements – to request a medical exception (see below).

#### **Exists a minimum level from the relevant drugs cause a positive doping result?**

The mentoring laboratory conducts a qualitative and not a quantitative examination. This means that no titer of the measured substances is determined but each provable concentration is shown through the examination. Therefore, normally no minimum level from which a substance is rated as doping-relevant can be specified.

#### **How long after the application medicaments are provable?**

How long an applied medicament is provable depends not only on the substance but also from the characteristics of the dog which was given the substance. Therefore, it is not possible to give general information for doping-relevant dosage. In case of doubt a medical exception can be requested. Should the exception be granted, in a possible later detection of the previously listed substances on the occasion of a doping test the dog sportler is released from penalties.

### **What can I do if my dog must permanently be medicated?**

If you want to start with your dog in spite of permanent or temporary medication you can avoid the risk of a positive doping result and the resulting penalty by requesting a medical exception by using the provided form.

### **How can I request a medical exception?**

The request must be submitted to the **SV main office** in good time, **at latest 3 weeks before the event**. In addition to the provided form you need a veterinary's report stating the given medicament/s, the dosage, the date or period of medication and the reason for the treatment.

The properly completed form and the proof concerning the disease pattern of the dog can be e-mailed to [bsz@schaeferhunde.de](mailto:bsz@schaeferhunde.de) The processing fee for the request is 250.- € and must be transferred to the SV account latest three days after the request was submitted; decisive is the date when the money is received.

### **What is the requirement for granting the medical exception?**

First the provided form must be completed and submitted with the veterinary's report. When your request was received it will be checked and decided by a veterinary pharmacologist.

### **Why is the request of a medical exception so expensive?**

Checking of a possible performance-enhancing effect of drugs and its period is complex and must be done by a specialized veterinary pharmacologist.

### **What happens if I don't request a medical exception?**

You will find this information in the approval regulations.